



Tour 190

To the Mt. Everest



Travel itinerary:



Tibet is a real lover's country for all motorbike enthusiasts who want to see and experience something extraordinary. Our exclusive motorbike tour offers you the opportunity to ride through breathtaking Tibetan landscapes while enjoying the view of unique sights such as the lakes Yamdrok and Namtso as well as Mr. Everest. Tibet is also called the "roof of the world" and there is a good reason for this. It is the largest and highest plateau in the world with an area of 2.5 million square kilometres. The average altitude of Tibet is about 4,500 meters, with snow-capped mountains that rise up in front of wide plains. The contrast between wide highways winding through narrow valleys and over high passes and the prayer flags hung above the highways to help you reflect on your spiritual beliefs before visiting the ancient monasteries.



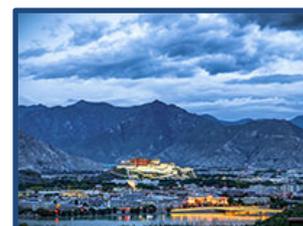
To round it all off, clear, still blue lakes reflect the snow-capped mountain peaks and glaciers like glass, which will take your breath away. Tibet is home to one of the nicest people in the world and can win over even the hardest hearts within minutes.



For ordinary Tibetans, lakes are a must on their itinerary. The three most visited lakes are Namtso Lake (the largest lake in Tibet), Yamdrok Tso Lake (one of the holiest lakes in Tibet) and Manasarovar Lake (a sacred lake in the southeast of Mount Kailash), with many more lakes offering unique natural scenery. Mt. Everest is located on the border with Nepal. The capital Lhasa is home to the Potala Palace, the former winter residence of the Dalai Lama. The Jokhang Temple, also in Lhasa, is considered the spiritual heart of Tibet and is venerated for its golden statue of the young Buddha.



This tour can be done with two different BMW motorcycles. You can choose between the BMW 1200 GS and for those who find it too big and heavy, the tour can be ridden on the BMW 800 GS.



Due to the extreme altitude of Lhasa, we will divide the journey into two days, so that we and the friendly 3.700 mtrs on which the city of Lhasa is located. On request, the journey from Beijing to Lhasa can also be made by train



This tour leads directly into the Himalayas without detours. The tour plan is however very much dependent on the "goodwill" of the Chinese authorities and every participant in this tour should be aware that there may be spontaneous changes in the course of the tour.

Route:

Lhasa – Shigatse – Tingri - Mount Everest – Tingri – Saga – Tsochen -
Tarinam Tso – Tsochen – Nyima – Shenza – Gyantse – Lhasa



Itinerary:

0. Day Meeting in Frankfurt and flight from Frankfurt to Guangzhou. The flight is a scheduled flight and goes via Hong Kong to Guangzhou.
1. Day Flight to Lhasa and arrival in Lhasa in the early afternoon. Airport transfer and introduction with our Chinese guides. The rest of the day is at your leisure. Lhasa is located 3.700 m above sea level. This will take some time until we get used to the altitude.
2. Day On this day, our guide will assist you with the paperwork to obtain your local motorcycle driver's license. The rest of the day is set aside for you to acclimatize and explore the city on your own. Overnight in Lhasa.
3. Day Start today's Lhasa exploration with an exciting visit to iconic Potala Palace, which is known one of the most beautiful buildings in the world. In addition, we will also visit Jokhang Temple which is regarded as the spiritual heart of Tibetan Buddhism. Our visit will not be completed without walking along the Barkhor Street, the ancient route to circumambulate Jokhang Temple. The last site of the day will be the famous Sear Monastery, where you will have the opportunity to observe monks debating in a courtyard as they have been doing for hundreds of years. Overnight in Lhasa.
4. Day A thrilling motorcycle ride is about to begin today!
We will leave Lhasa and ride to Shigatse, the second largest city in Tibet. The first site you will reach is the Yamdrok Lake (altitude: 4,400m), one of the three holy lakes in Tibet. As we continue our ride through the Tibetan plateau, prayer flags announce your arrival at Karola Glacier (5,045m), where you can see the white snow from a couple of hundred meters away beside your road. From there you will ride to the historical city of Gyantse prior to arriving at our hotel in Shigatse.
5. Day Our day begins with a visit to the official location of the Panchen Lama: Tashilhunpo Monastery, the most influential Gelug monastery in Shigatse. We will have the opportunity to walk along the cobblestone alleys and visit halls and chapels in this culturally important site. Later in the day we will head to Tingri. Overnight in Tingri.
6. Day This morning we start riding for Gyawu-La pass (5,198m) as the altitude gets higher. From here we can admire magnificent views of 4 famous peaks namely Mt. Makalu (8,463m), Mt. Lhotse (8,561m), Mt. Everest (8,844m) and Mt. Cho Oyu (8,201m). Our ride continues to Rongbuk Monastery, which is the highest monastery in the world as well as the best view point for Mt. Everest. After that we will go back by the same way to Tingri. Overnight in Tingri..
7. Day We will leave Tingri to retrace our previous route to Shigatse. Stunning views of primitive landscapes will accompany us throughout the day. Overnight in Shigatse..
8. Day This morning we will start riding through the rural scenery to Damxung via Yangpachen on our way. The grassland scenery stretches to dozens of kilometers away on both sides of the road, sometimes you will probably see the prairie-like scene with the sheep and yaks eating grass on the meadow. Later of the day you will arrive in Damxung and overnight in local hostel.
9. Day This morning we will ride to Namtso Lake. We will firstly arrive at a land full of colorful prayer flags—Tanggula View Point. Then we will pass the Nagen-La Pass (5,190m). Our next destination is Namtso Lake, one of the three holy lakes in Tibet. It looks like the waters is melting into the sky with same color. After that we will go back to Lhasa for returning our motorcycles. Overnight in Lhasa.
10. Day This morning we will transfer to Lhasa airport where you will say goodbye to your guide, your driver, and to Tibet.

Kilometer Street: 880
Kilometer Off - Road: 2.000

Due to the conditions (weather conditions, state of the track) within Mongolia, deviations in the exact travel history can occur. The tour is only a guide for the tour. Adverse weather conditions are reversed in reverse order.

Service included:

Accommodation every night in hotel or simple hostel, airport transfer in Lhasa, tour guide German speaking, entrance fees for museums, national parks and cultural programs, parking of the motorcycles incl. gasoline and additional costs, escort vehicle(s), breakfast. International flights

Service not included:

Costs for personal needs, costs of beverages, such as e.g. Beer, etc., dinner in Lhasa, travel expenses, health costs, film photo fees (if required), drinking fees, Lunch and dinner.

Various:

It is not possible to travel in the accompanying vehicle. The reservation for the trip is only valid after the signed registration form has been returned to Steppenfuchs Reisen. We recommend that you take out an international health and cancellation insurance. A enstp. You can take out an entp. insurance here: [Hanse Merkur Versicherung](#)

Self - share of damage to vehicle € 1.500.

Minimum number of participants: six persons.

Dates:

2024			2025		
Start	Ende	Abflug	Start	Ende	Abflug
13.08. Di	26.08. Mi	FRA	13.08. Di	26.08. Mi	FRA

Price:

Price	6 – 7 Pers	8 – 9 Pers.	ab 10 Pers
BMW F800 GS	5.170 €	5.040 €	5.170 €
BMW R 1200 GS	5.500 €	5.370 €	5.245 €
KOVE 525X	4.895 €	4.785 €	4.675 €
Singlesupliment			480 €
Deposit			1.500 €

Supplements:

Vegetarian food in the country 7 € p.P. / day

Remarks:

All prices are in EURO

Travel dates for 2024/25

Indicated are the arrival / departure day in Ulaanbaatar
 Price without flight plus current flight tariff MIAT or Aeroflot
 Individual appointments are possible

