

# Pack List for your Stay in Mongolia

## Documents

- Passport with at least six months valid
- Visa (Note all EU states are Visa free) [US is also visa free]
- International health insurance
- Credit card, cash
- Flight ticket
- Copies of all important documents

## General Items

- Breathable raincoat
- Rain pants or rain repellent, quick drying pants
- Shorts
- A pair of hiking boots, one pair light comfy shoes, shower sandals
- Warm clothes, pullover, jacket, gloves and hat (useful during trips in May or September)
- Bath towel and bathing suit
- Small flashlight
- Personal hygiene kit (please use biodegradable soaps)
- Soap for hand-washing clothes (also biodegradable)
- Wet wipes
- Washcloth
- Alarm clock
- Camera with extra batteries (12-volt charger for connection to onboard socket)
- Sunscreen (higher SPF)
- Sunglasses
- Mosquito repellent
- Sun-shade hat or cold weather hat
- Small backpack or messenger bag
- Medicines + first aid kit (ex. For constipation and diarrhea, ibuprofen, bandages, disinfectant, antibiotic ointment)

## For Tent Trips

- Warm sleeping bag
- Sleeping pad (inflatable is best)

## For Riding Trips

- Riding pants
- Helmet
- Riding boots
- Riding jacket
- Riding gloves

## If there is still room

- Binoculars for observing wildlife
- Cell phone (check if carrier works in Mongolia)
- Party favors to share

*Please do not pack in hard suitcases. A backpack or duffel bag is optimal.*